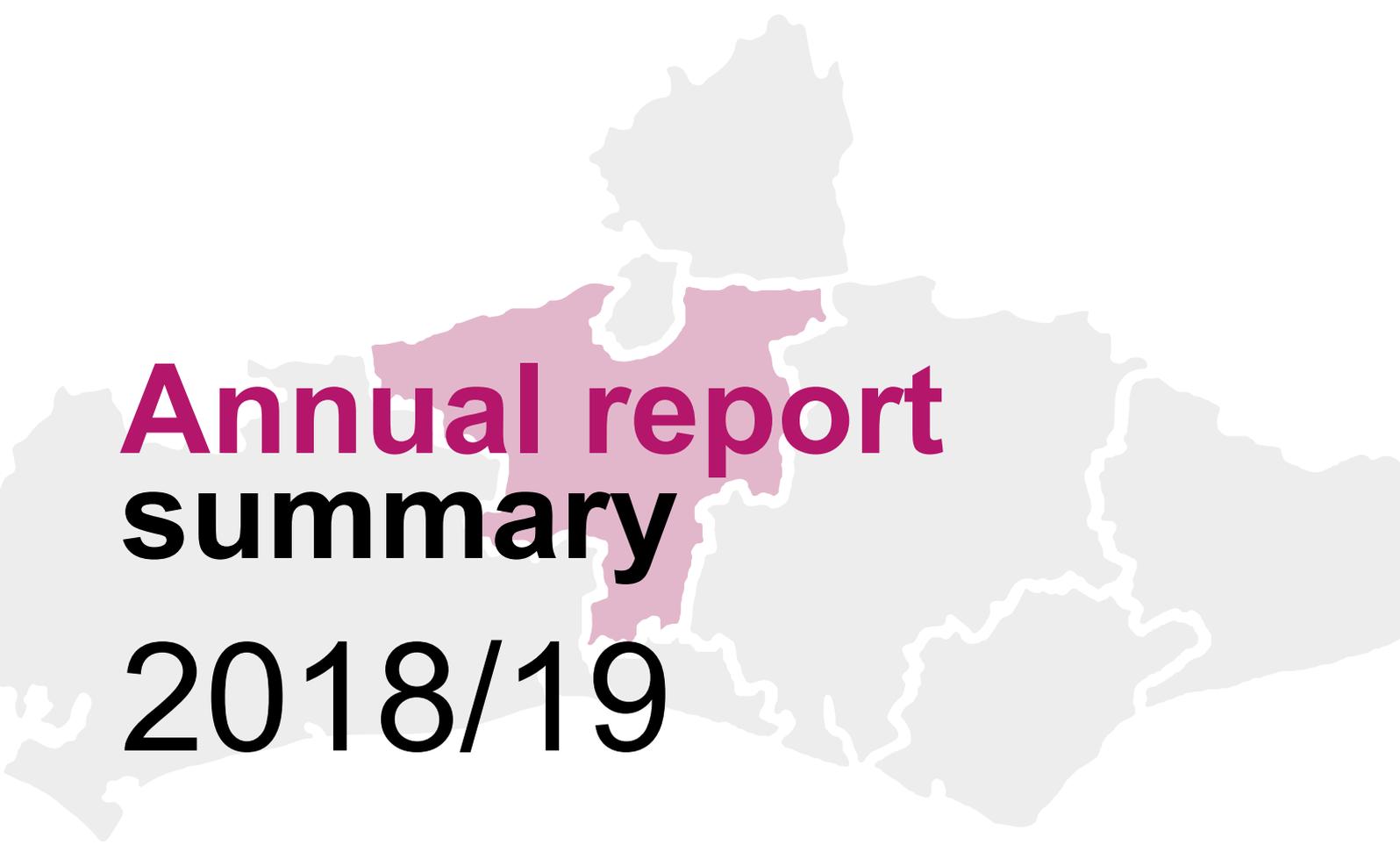




Horsham and Mid Sussex
Clinical Commissioning Group



Annual report summary 2018/19



Welcome

Welcome to the summary of our CCG's year, recognising the work of our NHS for local patients during 2018/19. To read our Annual Report and Accounts for this financial year in full, please visit our website.

Who we are and what we do

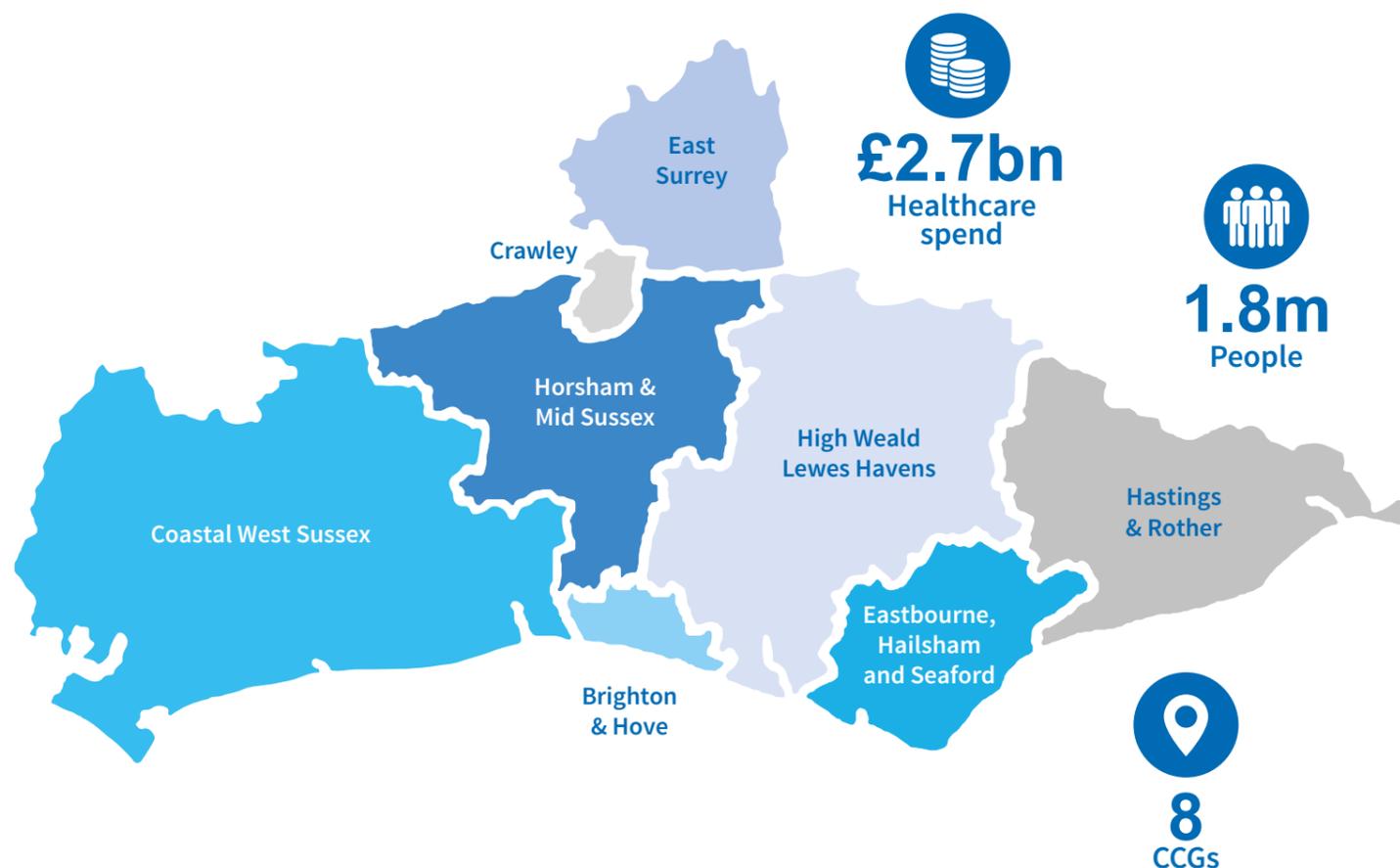
Our Clinical Commissioning Group (CCG) is responsible for planning and buying (commissioning) health and wellbeing services for the people living in our area. We are a membership organisation made up of the GP practices within our boundaries.

Our leadership team consists of local doctors, hospital consultants, and nurses who work alongside an experienced management team to make sure that services provide the best possible care for local people.

Each year we are allocated government money to spend on behalf of our population and our purpose is to improve the health of the people living in our region.

As well as planning and buying services, we also monitor the quality of the majority of local NHS services covering the care and treatment you may need in hospital and in the community, prescribing, mental health services, and support and services for people living with learning disabilities. We have taken on delegated responsibility for the commissioning of primary care services.

We are committed to ensuring that our public, patients, and carers are at the heart of what we do. We aim to be an organisation that takes account of their views and experiences and use what we have heard to inform our plans and influence our commissioning of local health and care services.



Highlights of our year

We have improved care for patients diagnosed with diabetes so that more people get the right care and treatment at the right time. We have improved the number of newly diagnosed diabetic patients who are referred to, and complete, a structured education programme to support them to manage their diabetes more effectively.

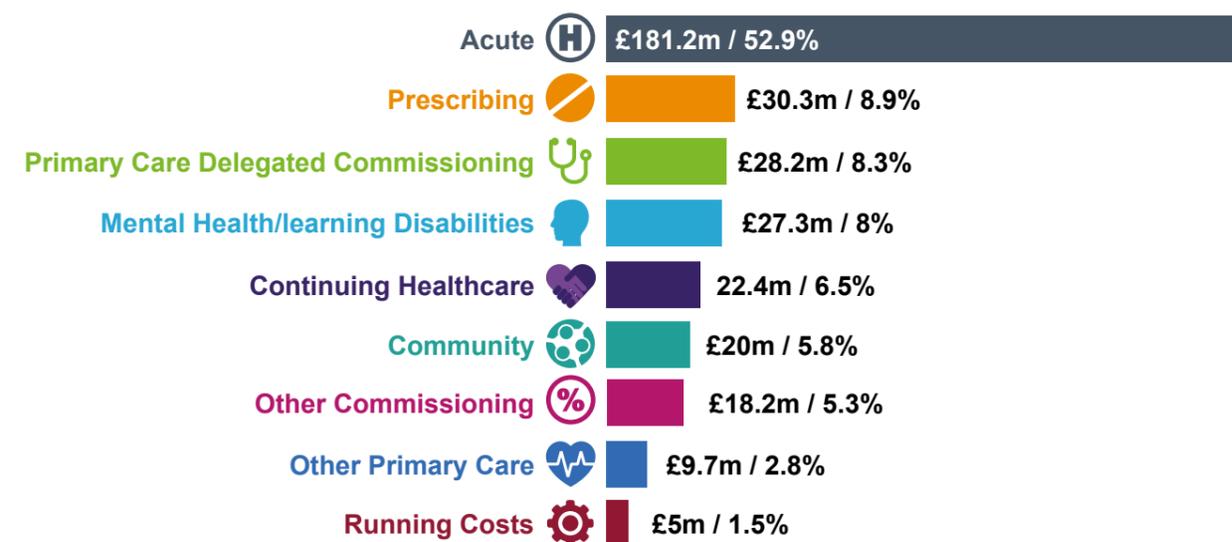
We have developed and expanded the Improving Access to Psychological Therapies service to treat patients with long term conditions. Areas of prioritised need include people with diabetes, heart disease, Chronic Obstructive Pulmonary Disease (COPD), patients with musculoskeletal pain, irritable bowel syndrome and asthma.

We started a pilot within musculoskeletal (joints, bones and muscles) services which has seen specialists being available in GP practices to provide physiotherapy assessments without patients needing to see a GP first. This has streamlined the referral process into physiotherapy, orthopaedic, rheumatology and pain services and has allowed patients to get the treatment they need quicker.

We have introduced more bookable evening and weekend GP appointments across Horsham and Mid Sussex, with both routine and urgent care given to all our registered patients.

How we spent our money

NHS Horsham and Mid Sussex CCG spent £342m on health and care services last year and ended the financial year with a £3.6m deficit. For more details about how we spent our budget, please view the full Annual Report and Accounts on our website.



Partnership working

Our CCG has been working as part of the Central Sussex and East Surrey Commissioning Alliance. Five CCGs (NHS Brighton and Hove, NHS Crawley CCG, NHS East Surrey, NHS High Weald Lewes Havens, and NHS Horsham and Mid Sussex) work jointly to commission health and care services in a more effective and efficient way for our populations. This collaborative approach has allowed us to stabilise our leadership and financial situation and we are delighted to have the legal directions that were in place related to the quality of leadership

lifted by NHS England this year - a reflection of the work undertaken to improve the governance, capacity, and capability of our CCG.

This year we have also worked more closely with our partners across West Sussex, in particular colleagues on the West Sussex Health and Wellbeing Board. Following the publication of the NHS Long Term Plan in January 2019, we are looking forward to the launch of the new West Sussex Health and Wellbeing Strategy.

Our year ahead - working together

During 2018/19 the eight CCGs in Sussex and East Surrey (NHS Brighton and Hove, NHS Coastal West Sussex, NHS Crawley, NHS Eastbourne, Hailsham and Seaford, NHS East Surrey, NHS Hastings and Rother, NHS High Weald Lewes Havens and NHS Horsham and Mid Sussex) have begun working more closely together. This has enabled a greater scale of planning and purchasing of health and care services to create a more stable future for us all. CCGs are now looking at how they can work more formally together in 2019/20 and beyond in Sussex and in Surrey.

The NHS Long Term Plan sets the target of having Integrated Care Systems (ICSs) covering the whole country by April 2021. This will be a fundamental shift in how CCGs work and how future commissioning of health and care services will be done. The formation of ICSs aims to build on the work that has already been established across the country through Sustainability and Transformation Partnerships (STP).

They will involve NHS organisations - in partnership with local councils - taking shared responsibility for managing resources, delivering NHS standards, and improving the health of the populations they serve.

It is also recognised that our work needs to focus more on the health outcomes and needs of our local communities and on reducing variation and inequality of care for people living across the area. To be able to commission for population health, NHS organisations and partners, particularly local authorities, need to work better together. One way we will do this is through the creation of single teams of GPs, pharmacists, district nurses, dementia workers, physiotherapists, and social care and the voluntary sector workers all working together with and for our patients.

Making health and care information accessible

We are committed to following the NHS Accessible Information Standard. This publication can be made available in alternative formats, such as easy read or large print, Braille or audio and may be available in alternative languages, upon request. To find out more, please contact us via our website.